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[PA NEN News](#)

Verify Your Membership Information & Win!

Make sure your PA NEN membership information is updated, so you can receive top-notch professional trainings, the latest in nutrition news, action-packed volunteer opportunities, and so much more! Verify your membership by Friday, September 30, and you'll be entered into a drawing for a **FREE** 2017 PA NEN Annual Conference registration. Click [here](#) for details on the process.

[International News](#)

[A research study from BioMed Central Public Health highlights the importance of parents modeling healthy behavior for kids.](#)

[Explore one of this year's hottest trends, ancient grains.](#)

[Dry cereal for breakfast? Yes, it can be healthy.](#)



[National News](#)

[See why the US Department of Agriculture buys \\$20 million dollars worth of cheese for food banks and pantries.](#)

[The Disaster Supplemental Nutrition Assistance Program \(D-SNAP\) is being utilized in Baton Rouge, one of the flood-stricken areas.](#)

[The US Department of Agriculture reports fewer hungry children in U.S. this year.](#)

[A study in the Journal of the American Heart Association finds that exercise saves an average of \\$2,500 a year.](#)

[The US Department of Agriculture announced pilot campaigns that will test grocery delivery to Supplemental](#)





[RESOURCES FOR HEALTH PROS](#)



[FOOD POLICY UPDATES](#)



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[Nutrition Assistance Program \(SNAP\) participants.](#)

[Chicago released its annual Global Food Security report focused on the future of food systems and agricultural policy.](#)

[Local News](#)

Pennsylvania: [A dietitian shares which Pinterest school lunches are actually healthy!](#)

Pennsylvania: [Island Soup Company recalled their products because of a Clostridium Botulinum contamination.](#)

Philadelphia: [The Children's Hospital of Pennsylvania led an informative study that linked food allergies in children to a risk of having asthma.](#)

Pittsburgh: [Welfare reform hits Supplemental Nutrition Assistance Program \(SNAP\) participants in Pennsylvania hard.](#)

[Resources](#)

A doctor writes on the prevalence of the gluten-free diet, it's benefits, and the negative effects in her article in the American Medical Association, "[Maybe it's Not Gluten.](#)"

The Center of Disease Control and Prevention printed this year's National Breastfeeding Report Card. Review it [here](#).

The Center of Disease Control and Prevention's [Obesity Incidents Map](#) shows that we still have some progress to make.

September is National Food Safety Month. Visit this US Department of Agriculture webpage, "[Ask Karen](#)," to ask your food safety related questions.

[Social Media](#)

These infographics show healthy [school lunch](#) and [breakfast](#) choices as students head back to school.

Need food images for your food blog? Then, find some

resources [here](#).

Make some noise for #HungerActionDay! Show your support over social media by taking a #plateselfie with a paper plate covered in your ideas for fighting to reduce hunger. Make sure to tag #FeedingAmerica, #HungerActionDay, or any other agency feeding the hungry in your area! Find selfie examples [here](#)!

Webinar

NEW-On July 6, 2016 the House Agricultural Committee held a hearing about the impact of fraud and error rates on the Supplemental Nutrition Assistance Program (SNAP). You can see who attended, listen to a hearing recording, and get more information [here](#).

A US Department of Agriculture's Food and Nutrition Services is hosting a webinar, "Finding SNAP-Ed Materials the Easy Way," on Thursday, September 15, 2016 at 1:00 PM (EST). Join it to understand how the [SNAP-Ed Library](#) will help you find the nutrition education you need, learn how to navigate the site, even submit materials to the SNAP-Ed Library. Registered Dietitians and Dietitian Technicians will earn 1 Continuing Education Credit from CDR. [Register today!](#)

The Lifestyle is Medicine Annual Conference brings together physicians, health care professionals, ancillary health care providers, prominent leaders in preventative medicine, and other thought-leaders who support healthy routine for wellness. You can view some presentations from previous years' conferences [here](#).

Chefs Collaborative is a group of chefs and culinary professionals across the country who care about how they source, cook, and serve food. Listen to their podcast que to learn about reducing food waste [here](#).

The National Center for Complimentary and Integrative Health presents online lecture series focused on complimentary medicine. Each series includes nutrition! [See the webinar listing, and listen in.](#)

The Wallace Center and the NGFN Food Hub Collaboration hosted over 400 food hub managers, staff and supporters in Atlanta, Georgia. Dozens of incredible presentations were recorded. If you were unable to attend, then try one session at a time online. Click [here](#) for the videos and resources.

Evaluation, Treatment, and Prevention in Community Settings (EPIC) is hosting a Let's Talk webinar on sleep and obesity. It's slotted for Thursday, September 22, 2016 from 12:15-1:30 PM (ET). One speaker will focus on the

science behind sleeping and obesity. Another will look at how people can practice better sleeping habits. [Register today!](#)

Events

In Pittsburgh, PA on September 16 from 10:00 AM -3:00 PM, the Pittsburgh Academy of Nutrition and Dietetics is hosting their Fall Legislative Event. During this time, Pittsburgh residents would be able to talk to their legislators about nutrition-related issues, hear an update on the new nutrition label, and learn how to communicate nutrition messages over various media. 4 Continuing Education Credits are available for registered dietitians and dietetic technicians. Find more details about the event [here](#).

The Central PA Academy of Nutrition and Dietetics is hosting their Fall Membership Meeting in Camp Hill, PA on Monday, September 26. Learn from a list of professionals focusing their practice on diabetes, food labeling, yoga, and more! 7 Continuing Education Credits are available for registered dietitians and dietetic technicians. More information and registration resides [here](#).

Check [9 Pennsylvania apple orchards](#) where you could pick fruit this fall!

Creating Healthy Communities is a summit being held in Pittsburgh, PA on October 6 by the Highmark Foundation. Nationally renowned speakers – including dietitian, blogger and NYU professor, Marion Nestle - will address the vast ways in which our food environment impacts our behaviors and choices. Find more information, and register [here](#).

In Pittsburgh, September brings about CityFit Wellness Month. [Click](#) through all the awesome events promoting health and wellness!

The St. Jude Walk or Run for Childhood Cancer is happening on September 24 in Pittsburgh, PA. You can register individually, join a team, or start your own. You can [register today!](#)

Who is on the lookout for innovative, inspirational ways to encourage your clients to lose weight? On September 14 from 8:30 AM-10:30 AM in Driscoll Hall Auditorium, join Villanova's College of Nursing's COPE Breakfast Series, "Sharing Secrets and Successes: Best Practices in Weight Management". During this time, you'll hear from a panel of dietitians practicing groundbreaking ideas to reduce obesity. See how their clients achieve lasting lifestyle changes and strategize with other professionals. Location, cost, and other information can be seen [here](#).

"EPIC® - Pediatric Obesity: evaluation, treatment and prevention in community settings" is a 1-1 and 1/2 hour-long, on-site training that offers an update on current obesity prevention research and the American Academy of Pediatrics Expert Committee recommendations on obesity. It's a free, interactive program providing continuing education for doctors and dietitians within the Pediatric or Family Medicine Practice. Presenters include a physician and registered dietitian. Find more information about these trainings [here](#).

Grants & Opportunities

NEW-The US Department of Agriculture has grants available for training and education through graduate and postgraduate fellowship programs. Money will go towards masters, doctoral degrees or postgraduate training in the food and agricultural sciences. You can apply by October 11. Find more information about the grant [here](#).

Do you support kids getting active within your community? Then photograph them on the playground, in the woods, in the pool, and other active spots because Salud America! and SaludToday are hosting a photo contest. Share that photo on Twitter, Facebook, or Instagram with the hashtag #ActiveSpaces. Your post will not only be shared nationally, but you'll also be entered to win a drawing for a Jawbone fitness tracker! Find out more details [here](#).

The Department of Health and Human Services posted a funding opportunity for those who work towards reducing health disparities among minority and underserved children. Application due dates vary. Look [here](#) for more information.

Registered Dietitians and Dietetic Technicians who are a part of the Academy of Nutrition and Dietetics –The Academy is providing \$200 dollars for health professionals willing to present their new, "Tossed Treasures. How We All Can Waste Less Food" toolkit between September 26-December 2. Applications and other resources can be found [here](#). Apply by September 16, 2016, and mini-grantees will be announced September 26.

Do you have a business idea that fills a nutrition gap? Zing Nutrition Bar wants to provide a \$1000 grant to the dietetic entrepreneur community. Two runners-up will also be awarded grants of \$500 each. Registered dietitians, diet techs or dietetic students are eligible to apply—just a quick 500-word submission about your idea. [Apply by September 15, 2016](#). The winners will be announced during the Food & Nutrition Conference and Expo in October 15, 2016.

Bring your pen to that paper and brainstorm! In September-November 2016, organizations and individuals will be asked to submit state- and territory-specific MyPlate graphics

which may show up on ChooseMyPlate.gov. The diagram should increase awareness of the Dietary Guidelines messages while highlighting local ingredients grown in the state of Pennsylvania. Find more at this [website](#).

The US Department of Agriculture's National Institute on Food and Agriculture has a grant available for Food Safety Outreach. Grant recipients will develop and implement food safety training, education, extension, outreach and technical assistance projects for owners and operators of small to mid-sized farms, beginning farmers, socially-disadvantaged farmers, small processors, or small fresh fruit and vegetable merchant wholesalers. Find more details [here](#). If this opportunity is not within your realm of practice, find more NIFA grants [here](#).

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View the full funding statement by clicking [here](#).