



*PA NEN – Weekly Food & Nutrition News Bites  
News of possible interest for PA NEN members  
Week of May 11<sup>th</sup>, 2009*

**Articles:**

**Massachusetts Adopts Rules for Calorie Counts on Menus**

<http://online.wsj.com/article/SB124225207517116943.html>

**Discretionary Fortification of Junk Food with Vitamin and Mineral Could Be Approved By Health Canada**

<http://www.medicalnewstoday.com/articles/150130.php>

**According to Survey, Shoppers Value Price More Than Nutrition**

[http://www.progressivegrocer.com/progressivegrocer/content\\_display/supermarket-industry-news/e3id56fc6d97f8a77c15930690f3e728545](http://www.progressivegrocer.com/progressivegrocer/content_display/supermarket-industry-news/e3id56fc6d97f8a77c15930690f3e728545)

**Taking Folic Acid for a Year Before Pregnancy May Reduce Risk of Preterm Birth**

<http://www.medicalnewstoday.com/articles/149787.php>

**Golden Rice an Effective Source of Vitamin A**

<http://www.sciencedaily.com/releases/2009/05/090513121102.htm>

**Older People Need More Sun, Expert Urges**

<http://www.sciencedaily.com/releases/2009/05/090511090940.htm>

**Country-of-origin labelling: Not so COOL?**

<http://www.foodnavigator-usa.com/Legislation/Country-of-origin-labeling-Not-so-COOL>

Funded by the PENNSYLVANIA NUTRITION EDUCATION TRACKS, a part of USDA's Supplemental Nutrition Assistance Program (SNAP). To find out how the Supplemental Nutrition Assistance Program can help you buy healthy foods, contact the PA Department of Public Welfare's toll-free Helpline at 800-692-7462. This institution is an equal opportunity provider and employer.