



pa **nutrition** AND
 physical **activity**
 self-**assessment**
 FOR child care

UPON
**PROJECT
 COMPLETION**

**PROJECT
 SNAPSHOT**



of programs reported offering **healthier** meat and grain choices.



of programs reported offering **more** fruits and vegetables.



of programs reported using **best practices** to implement or improve their own nutrition and physical activity policies.



of programs reported **increasing opportunities** for children, staff and families to learn more about healthy behaviors such as proper nutrition and physical activity.



of programs reported **increasing** the daily amount of time children spend being physically active.



PA NAP SACC is an online, continuous quality improvement intervention designed to help child care providers improve the nutrition and physical activity practices within their early childhood care settings. To learn more about PA NAP SACC, visit www.panapsacc.org

Data Source for PA NAP SACC specific data: 430 licensed child care programs in Pennsylvania, including both center-based and family child care homes that completed the PA NAP SACC program from 2011-2017.

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