

State Food Purchasing Program Standards

Vegetables:	
Preferred:	
Fresh, Frozen, Canned, or Dried/Dehydrated Vegetables	
Raw or Cooked Vegetables	
Whole, Cut-up, or Mashed Vegetables	
100% Vegetable Juice, Any Variety	
Not Allowed:	
Chips Made from Vegetables Including Potato or Corn	
Allowed Products:	
100% Vegetable Juice, Any Variety	
	Vegetable Subgroup:
Broccoli	Dark Green
Greens: Collards, Mustard Greens, Turnip Greens, Kale	Dark Green
Leeks	Dark Green
Raw Leafy Greens: Spinach, Romaine, Watercress, Dark Green Leafy Lettuce, Endive, Escarole, Radicchio	Dark Green
Swiss Chard	Dark Green
Spinach	Dark Green
Carrots	Red and Orange Vegetables
Chili Peppers	Red and Orange Vegetables
Pumpkin	Red and Orange Vegetables
Red Pepper	Red and Orange Vegetables
Tomatoes	Red and Orange Vegetables
Tomato Juice	Red and Orange Vegetables
Sweet Potato or Yams	Red and Orange Vegetables
Winter Squash (Acorn, Butternut, Hubbard)	Red and Orange Vegetables
Black Beans, Dried or Canned*	Dry Beans and Peas, Including Soy and Soy Products
Black-Eyed Peas, Dried or Canned*	Dry Beans and Peas, Including Soy and Soy Products
Chickpeas, Dried or Canned*	Dry Beans and Peas, Including Soy and Soy Products
Kidney Beans, Dried or Canned*	Dry Beans and Peas, Including Soy and Soy Products
Lentils, Dried or Canned*	Dry Beans and Peas, Including Soy and Soy Products

Navy Beans, Dried or Canned*	Dry Beans and Peas, Including Soy and Soy Products
Pinto Beans, Dried or Canned*	Dry Beans and Peas, Including Soy and Soy Products
Soy Beans, Dried*	Dry Beans and Peas, Including Soy and Soy Products
Split Peas, Dried or Canned*	Dry Beans and Peas, Including Soy and Soy Products
White Beans, Dried or Canned*	Dry Beans and Peas, Including Soy and Soy Products
Cassava	Starchy Vegetables
Corn	Starchy Vegetables
Green Bananas	Starchy Vegetables
Green Lima Beans	Starchy Vegetables
Green Peas	Starchy Vegetables
Potatoes	Starchy Vegetables
Asparagus	Other Vegetables
Avocado	Other Vegetables
Bamboo Shoots	Other Vegetables
Beets	Other Vegetables
Brussels Sprouts	Other Vegetables
Cabbage	Other Vegetables
Cauliflower	Other Vegetables
Celery	Other Vegetables
Cucumbers	Other Vegetables
Eggplant	Other Vegetables
Garlic	Other Vegetables
Green Beans	Other Vegetables
Green Peppers	Other Vegetables
Iceberg Lettuce	Other Vegetables
Mushrooms	Other Vegetables
Okra	Other Vegetables
Onions	Other Vegetables
Radishes	Other Vegetables
Red Cabbage	Other Vegetables
Scallions	Other Vegetables
Snow Peas	Other Vegetables
Turnips	Other Vegetables
Yellow Squash	Other Vegetables
Zucchini	Other Vegetables
* Beans and Peas are also considered protein foods.	

Fruit:
Preferred:
Fresh, Canned, Frozen, or Dried Fruits

Whole, Cut-Up, or Pureed Fruit
100% Fruit Juice
Less Preferred:
Fruits in Heavy Syrup
Cranberry Sauce
Not Allowed:
Fruit Roll Up
Fruit Snacks
Gum Drops
Any Fruit that's not 100% Juice
Allowed:
Apples
Applesauce
Banana
Cantaloupe
Grapes
Grapefruit
Mixed Fruit (i.e. Fruit Cocktail)
Orange
Peach
Mandarin Oranges
Peaches
Pears
Pineapple
Plums
Strawberries
Watermelon
Dried Fruit (i.e. Raisins, Prunes, Apricots, etc.)
100% Fruit Juice

Meats and Other Proteins:
Preferred
Fresh, Frozen, or Canned Meat, Poultry, Beans, and Other Meat
Lean, Low-Fat, Low-Sodium Meat, Poultry, Beans, and Other Meat Alternatives
All foods made from Meat, Poultry, Fish, Dry Beans or Peas, Eggs, Nuts, Seeds, Beans and Peas*
Omega-3 Fatty Acid Fish Like Salmon, Trout, and Herring
Other Healthy Oils Like Fish, Nuts, and Seeds
Less Preferred
Ham
Frankfurters
Deli Meats, Luncheon Meats

Fresh Meat (Chicken, Turkey, and Pork) Enhanced with Salt-Containing Solution.**
Not Allowed:
Candy Coated Nuts
Sugary Foods
Jerkey
Allowed:
Almonds
Beef
Bison
Black Beans, Dried or Canned
Black-Eyed Peas, Dried or Canned
Chickpeas, Dried or Canned
Eggs
Hazlenuts
Kidney Beans, Dried or Canned
Lamb
Lentils, Dried or Canned
Navy Beans, Dried or Canned
Peanut Butter
Pinto Beans, Dried or Canned
Pork
Poultry
Salmon, Canned
Sesame seeds
Shellfish
Soy Beans, Dried
Split Peas, Dried or Canned
Sunflower seeds
Tofu
Trout
Veal
Venison
Walnuts
White Beans, Dried or Canned
* Dried beans and peas are also considered vegetables.
**Check product label for statements such as "self-basting" or "contains up to ___% of ___", which means a sodium or salt containing solution has been added to a product.

Dairy:
Preferred:
Low Fat Dairy

Non-Fat Dairy
Less Preferred:
Butter
Cheese Wiz
Cream Cheese
Imitation Cheese
Sour Cream
Not Allowed:
Condensed Milk
Velveeta Cheese
Allowed:
Milk
Yogurt
Buttermilk
Evaporated Milk
Cheese (Must Contain Milk)

Grains:
Preferred:
"Enriched" Refined Grains
Whole Grains
Less Preferred:
Refined Grains That are Not "Enriched"
Sugar Coated Ready-to-Eat Breakfast Cereals
Not Allowed:
Breakfast Breads
Cakes
Cookies
Dessert
Granola or Cereal Bars Predominantly Coated with Sugar, Corn Syrup, or
Sweetened Crackers like Animal Crackers or Teddy Grahams
Sweet Rolls and Sweet Breads
Allowed:
Barley
Biscuit Mix
Breakfast Cereals
Bread
Brown Rice
Buckwheat
Bulgur (cracked wheat)
Cornbread*
Couscous*
Crackers*
Ethnic Breads and Rolls
Grits

Oatmeal & Other Hot/Cooked Cereals
Oats
Noodles/Pasta*
Millet
Muffin Mix
Pancake Mix
Rice
Sandwich Buns and Rolls
Tortillas*
All Whole Grains
* Most of these products are made from refined grains. Some are made from whole grains. Check the ingredient list for the words “whole grain” or “whole wheat” to decide if they are made from a whole grain. Some foods are made from a mixture of whole and refined grains.

Complete Meal Entrée
Groups
Canned, Boxed, or Frozen Entrees
Less Preferred:
Not Allowed:
Allowed:
Beef Stew
Chicken and Dumplings
Chili
Macaroni and Cheese
Meat Ravioli in Brine
Nutritional Drink - Ensure & Boost
Skillet Dinner Mixes
Spaghetti with Meat and Tomato Sauce

Other: Salsa, Sauces, Snacks, and Syrup
Preferred:
Less Preferred:
Low Sodium Broth
Ramen Noodles
Not Allowed:
Animal Crackers
Candy

Cookies
Meal Replacement Bars
Popcorn
Pop Tarts
Pretzels
Chips
Allowed:
Baby Food
Baby Instant Cereal
Graham Crackers
Infant Formula
Jelly and Jam
Pancake Syrup
Saltine Crackers
Soup
Stuffing Mix